

Medications to Stop before surgery

Several medications need to be stopped temporarily before surgery. The most common reason is an increased chance of bleeding during and after surgery, and in some cases effects on stomach, heart, kidney and liver function.

Non-Prescription Anti-Inflammatory Medications (NSAIDs): Stop 7 days before surgery

Ibuprofen (Motrin, Advil, Midol, Nuprin)
Naproxen (Naprosyn, Aleve, Anaprox)
Diclofenac topical (Voltaren gel)
Aspirin/Acetylsalicylic acid (Bayer, Excedrin, Bufferin, Anacin, Alka-Seltzer)

Prescription Anti-Inflammatory Medications (NSAIDs): Stop 7 days before surgery

Celecoxib (Celebrex)	Flurbiprofen (Ansaid)	Mefenamic Acid (Ponstel)	Piroxicam (Feldene)
Diclofenac (Voltaren)	Ibuprofen (Motrin, Vicoprofen)	Meloxicam (Mobic)	Pletal (Cilostazol)
Diflunisal (Dolobid)	Indomethacin (Indocin)	Nabumetone (Relafen)	Sulindac (Clinoril)
Etodolac (Lodine)	Ketoprofen (Orudis, Oruvail)	Naproxen (Naprosyn, Aleve, Anaprox)	Ticlid (Ticlopidine)
Fenoprofen (Nalfon)	Ketorolac (Toradol)	Oxaprozin (Daypro)	Tolmetrin (Tolectin)

Note: Tylenol (Acetaminophen) is not a NSAID, and is okay to take before surgery.

Blood thinners and anticoagulants: Stop before surgery

Consult with your cardiologist or primary care physician regarding stopping these medications before surgery. They may have you "bridge" with an anticoagulant such as Lovenox if your risk is high, or you have a mechanical heart valve.

Abciximab (Reopro)	ASA/Dipyridamole (Aggrenox)	Dipyridamole (Persantine)	Prasugrel (Effient)
Agrylin (Anagrelide)	Bivalirudin (Angiomax)	Edoxaban (Savaysa)	Rivaroxaban (Xarelto)
Apixaban (Eliquis)	Clopidogrel (Plavix)	Fondaparux (Artixtra)	Ticagrelor (Brilinta)
Argatroban (Acova)	Dabigatran (Pradaxa)	Eptifibatide (Integrillin)	Ticlid (Ticlopidine)
Argatroban (Acova)	Dalteparin (Fragmin)	Pentoxifylline (Trental)	Warfarin (Coumadin)

Diabetes and Weight Loss medications: Stop before surgery

Recent research shows these diabetes and weight loss medications can have negative effects on the stomach and metabolism and must be stopped before surgery: Consult with your primary care physician or internist:

Semaglutide (Ozempic, Wegovy, Rybelsus)	Liraglutide (Victoza, Saxenda)	Albiglutide (Eperzan, Tanzeum)
Dulaglutide (Trulicity)	Ertugliflozin (Stelglatro)	Lixisenatide (Adlyxin, Lyxumia)
Tirzepatide (Mounjaro, Zepbound)	Dapagliflozin (Forxiga)	Bexagliflozin (Brenzavvy)
Metformin (Glucophage)	Canagliflozin (Invokana)	Exenatide (Bydureon, Byetta)
Empagliflozin (Jardiance)		

Vitamins and Supplements: Stop 2 weeks before surgery

Dong Quai	Fish Oil	Ginger	Tumeric
Ephedra	Garlic	Green Tea	Vitamin K
Feverfew	Ginko Biloba	Ginseng	Any weight loss supplement

Questions? Call us at 925-600-7020