

Medications to Stop before surgery

Several medications need to be stopped temporarily before surgery. The most common reason is an increased chance of bleeding during and after surgery, and in some cases effects on heart, kidney and liver function. Most can be restarted two days after surgery, when the bleeding risk is lower.

Non-Prescription Anti-Inflammatory Medications (NSAIDs): Stop 7 days before surgery

NSAID:	Brand name:
Ibuprofen	Motrin, Advil, Midol, Nuprin
Naproxen	Naprosyn, Aleve, Anaprox
Aspirin (acetylsalicylic acid)	Bayer, Excedrin, Bufferin, Anacin, Alka-Seltzer

Prescription Anti-Inflammatory Medications (NSAIDs): Stop 7 days before surgery

Celecoxib (Celebrex)	Flurbiprofen (Ansaid)	Mefenamic Acid (Ponstel)	Piroxicam (Feldene)
Diclofenac (Voltaren, Cataflam, Arthrotec)	Ibuprofen (Motrin, Advil, Midol, Nuprin, Vicoprofen)	Meloxicam (Mobic)	Pletal (Cilostazol)
Diflunisal (Dolobid)	Indomethacin (Indocin)	Nabumetone (Relafen)	Sulindac (Clinoril)
Etodolac (Lodine)	Ketoprofen (Orudis, Oruvail)	Naproxen (Naprosyn, Aleve, Anaprox)	Ticlid (Ticlopidine)
Fenoprofen (Nalfon)	Ketorolac (Toradol)	Oxaprozin (Daypro)	Tolmetrin (Tolectin)

Note: Tylenol (Acetaminophen) is not a NSAID, and is okay to take before surgery.

Blood thinners and anticoagulants: Stop 5 days before surgery

Consult with your cardiologist or primary care physician regarding stopping these medications before surgery. Your cardiologist may have you “bridge” with an injectable anticoagulant if your risk of clots, stroke, etc. is high, or your have a mechanical heart valve or recent blood clot.

Warfarin (Coumadin)	Edoxaban	Agrylin (Anagrelide)
Clopidogrel (Plavix)	Aggrenox	Rivaroxaban
Dabigatran	Apixaban	Aspirin (including baby aspirin)
Dipyridamole (Persantine)	Pentoxifylline (Trental)	Ticlid (Ticlopidine)

Enoxaparin (Lovenox): Lovenox is an injectable anticoagulant. Stop injections 12 hours prior to surgery

Vitamins and Supplements: Stop 2 weeks before surgery

Ginseng	Garlic	Tumeric	Fish Oil, Omega-3
Ephedra	Green Tea	Dong Quai	Vitamin K
Ginko Biloba	Ginger	Feverfew	Any weight loss supplement

Questions? Call us at 925-600-7020